



Healthy Mothers, Healthy Babies

Amount Granted: **\$180,000**

Grant Term: 10/15/2023-- 10/14/2026

Program: Maternal Health Expansion Project: Fourth Trimester Education , Doula Support, and Maternal Mortality Review

Organization Overview

Since 1985, Healthy Mothers, Healthy Babies (HMHB) Coalition of Palm Beach County has been dedicated to improving birth outcomes through the compassionate and equitable delivery of early prenatal care, education, and support for all pregnant women through it's various programs.

HMHB's education and training program provides free, hands-on classes for parents and their support partners. Classes are taught by trained and/or certified team members, as well as community partners throughout Palm Beach County.

HMHB's program is designed to improve maternal health in Palm Beach County through a focused project dedicated to reducing maternal morbidity and mortality for Black women. The program provides doula certification to a cohort of Black American women in Palm Beach County. Doulas who are selected receive training and materials at no cost.

Funding Impact

Through Quantum Foundation's 3-year \$180,000 funding, Healthy Mothers, Healthy Babies (HMHB) continues to improve postpartum outcomes, support maternal mental health, and identify contributing factors that lead to maternal death by offering fourth trimester support and education, and certifying doula cohorts in an effort to improve health outcomes for Black women in Palm Beach County.

The organization recently launched the Maternal Morbidity and Mortality Review Committee comprised of 14 representatives from the birthing hospitals in Palm Beach County, Managed Care organizations, FQHC's, and the Department of Health. The group is working together to strategize, gather, and analyze data that will help mitigate the risks that women face in childbirth and postpartum.

Education and Postpartum Support

- 100%** of 34 pregnant and/or postpartum women who completed a pre and post test in their fourth trimester showed an increase in knowledge.
- 74%** of 81 postpartum women with Medicaid remained engaged and established a primary care physician.
- 152** postpartum women participated in maternal mental health support groups, with 70% improving their maternal mental health as indicated in an evidence based assessment.
- 219** newly trained perinatal mental health professionals will offer guidance, resources, and a listening ear to individuals who are navigating the challenges of perinatal mental health.
- 705** participants took part in one or more of the 69 sessions organized by HMHB, covering topics such as Childbirth, Newborn Care, Infant CPR, Prenatal Yoga, and Breastfeeding.

Doula Support



In the past year, the doula program has experienced significant growth. With 79 Black American women accepted as doulas since its inception, the organization has seen a surge in interest in improving outcomes for Black women.

To manage this growth, a Doula Certification Coordinator was hired on October 2023.

DOULA Currently there are 24 active doulas from cohorts 2 & 3. In April, 26 women were trained and are actively pursuing certification.

88% of cohort 3 members completed birthing and postpartum doula support training, and showed an increase in knowledge through training.

28 women residing in Palm Beach County and who were at 24 weeks gestation were matched with certified Doulas in the last 6 months.

100% of 34 pregnant and/or postpartum women who completed a pre and post test in their fourth trimester content showed an increase in knowledge.



IMPACT REPORT

May 2024

Project LIFT

Amount Granted: **\$75,000**

Grant Term: 4/15/2022 - 4/14/2024

Program: Project LIFT Belle Glade

Organization Overview

Project LIFT is dedicated to improving the lives of at-risk teens and their families through treatment of substance use disorders, mental health counseling, mentoring, and vocational skills training.

Young men and women ages 14-25 who are experiencing mental health challenges, involvement with the Juvenile Justice System, substance abuse, poor decision making, have a history of trauma, abuse, or need purpose, direction, or a career pathway are all eligible for Project LIFT.

The Project LIFT Pathway Academy of Innovation is an alternative learning platform that offers students the opportunity to complete their fully-accredited high school diploma while learning a skilled trade.



Funding Impact

Quantum Foundation's \$75,000 grant award helped support 207 students through Project LIFT's programmatic efforts in Belle Glade.

Of the 72 students who completed the initial 14-week Mental Health & Vocational Program...

100% have not re-entered the juvenile or adult justice system.

95% were drug and alcohol free at program completion.

95% chose to continue receiving mental health services and job training via their Aftercare programming.

85% showed a 20% minimum increase in work readiness.

82% increased their mental well-being by a minimum of 20%.

In addition,



27 Belle Glade students graduated from the Pathway Academy, the largest graduating class to date!





Congratulations **Suits for Seniors**



On May 23, Suits for Seniors was named Nonprofit of the Year by the Chamber of Commerce of the Palm Beaches at the 2024 Business Awards Breakfast held at the Palm Beach Convention Center.

Congratulations to Jervonte Edmonds, CEO, and the entire team at Suits for Seniors for their continued dedication to empowering and equipping our youth with the necessary tools to succeed.